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# MAAHE RAMADHAN 16+ & ADULT QUIZ – 2026 MKSI – LEICESTER

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**MKSILEICESTER**



**DEADLINE – 6<sup>th</sup> March 2026**

**SECTIONAL MARKING INSTRUCTIONS**

- *The quiz is divided into five sections.*
- *Each section carries the marks mentioned below.*
  - *SECTION 1: WORSHIP (25 Marks)*
  - *SECTION 2: WISDOM (20 Marks)*
  - *SECTION 3: QURAN RESEARCH (20 Marks)*
  - *SECTION 4: WAY OF LIFE (HEALTH) (21 Marks)*
  - *SECTION 5: DIVINE LEADERSHIP (14 Marks)*
  - *TOTAL – 100 Marks*
- *Attempt all questions.*
- *Read the instructions given at the beginning of each section carefully.*
- *Marks are awarded only for correct answers.*
- *No negative marking.*

**SECTION 1: WORSHIP (25 Marks)****PART A - Which Dua Am I? (5 marks)****Instructions:**

- Read each description carefully.
- Choose the correct answer from the four options provided (A, B, C, or D).
- Tick (✓) the correct answer.

**Q1 –**

*"I am recited during the nights of Mahe Ramadhan. I begin with praising Allah and seeking closeness to Him. My words guide you to hope and humility."*

- A) Dua Jawshan al-Kabir
- B) Dua Abu Hamza al-Thumali
- C) Dua al-Baha
- D) Dua Iftitah

**Q2 –**

*"I was transmitted by a devoted companion of the Ahl al-Bayt, who walked closely with three great Imams: Imam Zayn al-Abidin (as), Imam Muhammad al-Baqir (as), and Imam Jafar al-Sadiq(as). I am recited especially during the nights of Mahe Ramadhan. My focus is repentance, devotion, and hope. Many people recite me from sunset to Fajr."*

- A) Dua Iftitah
- B) Dua Abu Hamza al-Thumali
- C) Dua Jawshan al-Kabir
- D) Dua al-Baha

**Q3 –**

*"I am very long and structured. I contain 100 sections, each section mentioning 10 Names or Attributes of Allah, totaling 1000 Names."*

- A) Dua Abu Hamza al-Thumali
- B) Dua Iftitah
- C) Dua Jawshan al-Kabir
- D) Dua al-Baha

**Q4 –**

*"I am short and powerful. I am often recited at dawn and focus on praising Allah's beauty, glory, and majesty."*

- A) Dua al-Baha
- B) Dua Iftitah
- C) Dua Abu Hamza al-Thumali
- D) Dua Jawshan al-Kabir

**Q5 –**

*"I am recited after Salah to praise Allah and remember Him. What am I called?"*

- A) Toqueh
- B) Ta'qeebat
- C) Tashahud
- D) Tafsir

**PART B - Asma ul Husna Match (10 marks)****Instructions:**

- Match the Names of Allah (swt) in Column A with the correct meanings in Column B
- Write the correct letter (A–J) beside each number.
- Each correct match carries 1 mark.

Column A – Names of Allah (swt)	Column B – Meanings
1. Al-Halim--- _____	A. The Subtle and Gentle One who understands the hidden states of hearts and guides without force
2. Al-Adl--- _____	B. The Oft-Forgiving who pardons sins again and again when servants sincerely seek forgiveness
3. At-Tawwab-- _____	C. The All-Wise whose decrees and commands are rooted in perfect knowledge and purpose
4. Al-Wadud--- _____	D. The Pure and Perfect, free from all imperfection and deficiency
5. Ar-Rahman-- _____	E. The Most Just who ensures perfect balance, fairness, and accountability for every action
6. Al-Quddus--- _____	F. The One who repeatedly accepts repentance and welcomes those who return to Him
7. Al-Latif--- _____	G. The Most Loving who shows special affection and care toward the believers
8. Al-Baseer--- _____	H. The Forbearing who delays punishment despite having full power to enforce it
9. Al-Hakeem-- _____	I. The All-Merciful whose universal mercy embraces all creation, especially manifested in Mahe Ramadhan
10. Al-Ghaffar-- _____	J. The All-Seeing who observes every hidden and apparent action, even during private moments of fasting

**PART C - Unlock the Wisdom of Duas (10 Marks)***Instructions:*

- Read the statements carefully. Some questions contain multiple statements (i, ii, iii, iv).
- Tick (✓) the correct option from (a–e).
- Only ONE option is correct for each question.
- Each question carries 2 marks.

**1. The purpose of Ta'qeebat after Salah includes:**

- Extending remembrance after formal prayer
- Strengthening connection with Allah
- Replacing missed obligatory rak'ahs
- Increasing spiritual reward

- i and ii
- i, ii, iv
- ii and iii
- All of the above
- None of the above

**2. Dua Iftitah prepares believers for Imam Mahdi (atfs) by:**

- Encouraging hope in Divine justice
- Teaching believers to long for righteous leadership
- Emphasizing personal reform before societal reform
- Focusing only on worldly success

- i and ii
- i, ii, iii
- iii and iv
- All of the above
- None of the above

**3. Dua Abu Hamza al-Thumali is traditionally recited:**

- During the nights of Ramadan
- Only at sunrise on Fridays
- During Suhoor for spiritual reflection
- Every obligatory prayer

- i and iii
- ii only
- i only
- i and ii
- All of the above

**4. The phrase “Al-Ghawth Al-Ghawth” in Jawshan Kabir expresses:**

- i. A plea for divine rescue
- ii. A request for forgiveness
- iii. A call for angels to intervene
- iv. A reminder of human weakness before Allah

- a. i and iv
- b. ii only
- c. i only
- d. iii and iv
- e. All of the above

**5. The benefits of reciting Dua e Sahar include:**

- i. Seeking Allah’s mercy and protection for the day
- ii. Strengthening spiritual resolve and devotion
- iii. Automatically guaranteeing worldly success
- iv. Preparing the heart for fasting and reflection

- a. i and ii
- b. i, ii, iv
- c. ii and iii
- d. iii and iv
- e. All of the above

**SECTION 2: WISDOM (20 Marks)****PART A – SAYINGS FROM NAHJUL BALAGHA (15 marks)*****Instructions:***

- *Fill in the blanks using the correct word from the word bank provided.*
- *Each blank carries 1 mark.*
- *Use each word carefully; some words may not be used.*

greed, patience, fat, flesh, bone, hole, tongue, hand, eye, devalues, venerable, temporary, manners, wealth, mirror, shield, honor, palace, desire, intention, patience, wealth, ruins, improves, heart, soul, hardship, thinking, fool, wise man, heart, mouth, soul, knowledge, patience, contentment, happiness, poverty, friends, neighbors, companions, intelligence, wisdom, pride, understanding, eloquence, know, speak, learn, understand, admit, answer

1. Amir al-Mu'minin (a) said: "A lack of \_\_\_\_\_ means strangeness."
2. Amir al-Mu'minin (a) said: "He who adopts \_\_\_\_\_ as a habit \_\_\_\_\_ himself; he who discloses his \_\_\_\_\_ agrees to humiliation; and he who allows his \_\_\_\_\_ to overpower his soul debases the soul."
3. Amir al-Mu'minin (a) said: "As \_\_\_\_\_ increases, speech decreases."
4. Amir al-Mu'minin (a) said: "How wonderful is man that sees with \_\_\_\_\_, talks with a piece of \_\_\_\_\_, hears with a \_\_\_\_\_ and breathes through a \_\_\_\_\_."
5. Amir al-Mu'minin (a) said: "Whoever prolongs his \_\_\_\_\_ ruins his actions."
6. Amir al-Mu'minin (a) said: "The heart of a \_\_\_\_\_ is in his mouth while the \_\_\_\_\_ of the wise man is in his heart."
7. Amir al-Mu'minin (a) said: "\_\_\_\_\_ is wealth that does not diminish."
8. Amir al-Mu'minin (a) said: "Whoever abandons saying, 'I do not \_\_\_\_\_' meets his destruction."

**PART B - Match the Scholar to His Work (5 marks)****Instructions:**

- For each book, write the correct **Author (A–D)** and **Purpose (a–e)** in the empty table.
- Write both answers clearly.
- Each correct answer carries **1 mark**.

**Note:** One author has written two books in this list. Pay attention to match each book with the correct purpose.

Book Name	Author (Choose letter)	Purpose / Focus (Choose letter)
1. Al-Kafi	A. Abbas al-Qummi B. Muhammad Baqir Majlisi C. Muhammad ibn Ya'qub al-Kulayni D. Shaykh Saduq	a. Hadith on jurisprudence & beliefs b. Practical fiqh guidance c. Supplications & Ziyarat d. Comprehensive Hadith encyclopedia e. Numbered ethics and good traits
2. Man La Yahduruhu al-Faqih	A. Abbas al-Qummi B. Muhammad Baqir Majlisi C. Muhammad ibn Ya'qub al-Kulayni D. Shaykh Saduq	a. Hadith on jurisprudence & beliefs b. Practical fiqh guidance c. Supplications & Ziyarat d. Comprehensive Hadith encyclopedia e. Numbered ethics and good traits
3. Mafatih al-Jinan	A. Abbas al-Qummi B. Muhammad Baqir Majlisi C. Muhammad ibn Ya'qub al-Kulayni D. Shaykh Saduq	a. Hadith on jurisprudence & beliefs b. Practical fiqh guidance c. Supplications & Ziyarat d. Comprehensive Hadith encyclopedia e. Numbered ethics and good traits
4. Bihar al-Anwar	A. Abbas al-Qummi B. Muhammad Baqir Majlisi C. Muhammad ibn Ya'qub al-Kulayni D. Shaykh Saduq	a. Hadith on jurisprudence & beliefs b. Practical fiqh guidance c. Supplications & Ziyarat d. Comprehensive Hadith encyclopedia e. Numbered ethics and good traits
5. Al-Khisal	A. Abbas al-Qummi B. Muhammad Baqir Majlisi C. Muhammad ibn Ya'qub al-Kulayni D. Shaykh Saduq	a. Hadith on jurisprudence & beliefs b. Practical fiqh guidance c. Supplications & Ziyarat d. Comprehensive Hadith encyclopedia e. Numbered ethics and good traits

**ANSWER TABLE**

Book Name	Author	Purpose / Focus

**SECTION 3: QURAN RESEARCH (20 Marks)****PART A – RECOMMENDED SURAHS ON SHAB E QADR (4 marks)***Instructions:*

- Tick (✓) ALL correct answers.
- More than one answer may be correct.

**1. Which of the following are recommended to recite on the 23rd night of Ramadan?**

- Surah Al-Qadr  
 Surah Al-Ankabut  
 Surah Ar-Rum  
 Surah Ad-Dukhan  
 Surah Al-Fatiha  
 Surah Al-Baqarah

**2. Match the Surah with the closest meaning of its title. (4 marks)***Instructions:*

- Tick (✓) the correct column that matches each Surah with its meaning.
- Each correct match carries **1 mark**.

Surah	Destiny / Divine Measure	A Fragile Web	Byzantine Empire	A Cloud of Smoke
Al-Qadr				
Al-Ankabut				
Ar-Rum				
Ad-Dukhan				

**3. Benefits of reciting these surahs (12 Marks)***Instructions:*

- Tick (✓) the correct option.
- Only ONE answer is correct.
- Each question carries 1 mark.

1) The reward for reciting Surah al-Qadr is equivalent to:

- A) Performing Hajj  
 B) Fasting one week  
 C) Fasting the month of Ramadan and worshipping on Laylatul Qadr  
 D) Giving charity for one year

II) When Surah al-Qadr is recited in an obligatory prayer, the reciter:

- A) Gains ten rewards
- B) Has past sins forgiven
- C) Is protected from illness
- D) Becomes wealthy

III) Reciting Surah al-Qadr silently is compared to:

- A) Completing Umrah
- B) Dying as a martyr
- C) Freeing slaves
- D) Feeding the poor

IV) If Surah al-Qadr is recited ten times, the reward is:

- A) 100 sins forgiven
- B) 500 sins forgiven
- C) 1,000 sins forgiven
- D) Unlimited reward

V) According to Imam Ja'far as-Sadiq (a.s.), whoever recites Surah al-Ankabut on the 23rd night will:

- A) Be protected from all harm
- B) Certainly be among the people of Paradise
- C) Receive double sustenance
- D) Be free from trials

VI) Reciting Surah al-Ankabut earns ten good deeds for every:

- A) Verse in the Surah
- B) Angel in the heavens
- C) Believer and disbeliever
- D) Day of Ramadan

VII) Recitation of Surah al-Ankabut with understanding increases:

- A) Wealth and health
- B) Faith and sincerity in actions
- C) Knowledge of history only
- D) Physical strength

VIII) Reciting Surah Ar-Rum helps compensate for:

- A) Missed charity
- B) Missed Hajj
- C) Whatever was missed during day and night
- D) Missed prayers only

IX) Whoever recites Surah ad-Dukhan on a Friday night will:

- A) Become wealthy
- B) Be forgiven
- C) Be free from illness
- D) Avoid all trials

X) Seventy thousand \_\_\_\_\_ seek forgiveness for the reciter of Surah ad-Dukhan.

- A) Prophets
- B) Believers
- C) Angels
- D) Martyrs

XI) Allah builds a \_\_\_\_\_ for the one who recites Surah ad-Dukhan on Fridays.

- A) Garden
- B) Palace
- C) Mansion
- D) Castle

XII) One who recites Surah ad-Dukhan in prayers will receive their book of deeds in their:

- A) Left hand
- B) Right hand
- C) Both hands
- D) Not receive it

#### **SECTION 4: WAY OF LIFE (HEALTH) (21 Marks)**

This section is based on Tibb al-Reza (a.s.), a collection of guidance attributed to Imam Ali ibn Musa al-Reza (a.s.) that outlines a balanced Islamic way of life, including seasonal living, sleeping etiquette, and hygiene practices. Answer the following questions carefully to reflect your understanding of these principles and their application in daily life.

For your reference: <https://al-islam.org/golden-treatise-tibb-al-rida-imam-ali-al-rida>

#### **PART A – SEASONAL DOS & DON'TS (FEB - APRIL) (10 marks)**

*Instructions:*

- Tick (✓) the correct option.
- Only ONE answer is correct.
- Each question carries 1 mark.

1. Why does the Imam emphasise adjusting lifestyle according to seasons?

- A) To follow cultural customs
- B) Because the body reacts differently in each season
- C) To change fashion trends
- D) To reduce expenses

2. Which action best reflects seasonal wisdom?
- A) Eating the same heavy food all year
  - B) Ignoring climate changes
  - C) Adjusting diet and routine according to weather
  - D) Sleeping less in winter
3. The main purpose of seasonal regulation is to:
- A) Increase wealth
  - B) Maintain bodily balance and health
  - C) Reduce social interaction
  - D) Improve memory only
4. Recommended foods in February include:
- A) Garlic, hunted meat, dried fruits
  - B) Onions, sour foods, heavy meats
  - C) Only sweet foods
  - D) Cold drinks only
5. February – which of the following should be decreased?
- A) Sweet foods
  - B) Garlic consumption
  - C) Dried fruits
  - D) Meat of hunted birds
6. In March, which foods are recommended?
- A) Light foods, half-cooked eggs (nimbrecht), syrup with water
  - B) Onions, garlic, sour foods
  - C) Sweet heavy desserts
  - D) Fried oily foods
7. In March, which foods should be avoided?
- A) Eggs and meat
  - B) Onions, garlic, and sour foods
  - C) Syrup mixed with water
  - D) Light fruits
8. Health practices recommended in March include:
- A) Laxatives, bloodletting, cupping
  - B) Fasting all day
  - C) Avoiding all fluids
  - D) Increasing sleep hours

9. Which type of food is recommended in April?

- A) Raw meat
- B) Roasted foods
- C) Sour Food
- D) Food with honey

10. Which morning habit is correct for April (Nisan)?

- A) Drink water immediately after waking
- B) Avoid water before breakfast
- C) Avoid sweets
- D) Sleep again after sunrise

**PART B – HEALTH RISKS & GUIDELINES (11 marks)**

*Instructions:*

- *Tick (✓) the correct option.*
- *Only ONE answer is correct.*
- *Each question carries 1 mark.*

1. Drinking cold water after eating fresh fish may cause:

- A) Improved digestion
- B) Paralysis
- C) Weight loss
- D) Strengthened bones

2. Eating too many eggs may cause:

- A) Spleen disease and flatulence
- B) Strong immunity
- C) Improved digestion
- D) Better sleep

3. Drinking cold water after sweets can cause:

- A) Tooth damage
- B) Improved taste
- C) Indigestion
- D) No effect

4. To prevent stomachache, one should:

- A) Drink water while eating
- B) Avoid drinking water while eating
- C) Eat sweet foods immediately
- D) Skip meals

5. To prevent nails from splitting, one should:

- A) Trim nails daily
  - B) Trim nails only on Thursdays
  - C) Avoid trimming nails
  - D) Trim nails at night
6. To prevent migraine or stomachache, one should avoid:
- A) Sleeping after eating fresh fish
  - B) Eating raisins
  - C) Using vinegar
  - D) eating chicken
7. To prevent catching a cold in winter, one should:
- A) Avoid vinegar
  - B) Eat three spoons of honey daily
  - C) Drink hot chocolate
  - D) Eat garlics twice a day
8. To prevent tooth decay, one should:
- A) Apply turmeric on teeth
  - B) Chew bread before eating sweets
  - C) Have three spoons of honey
  - D) Eat only sour foods
9. To prevent lip cracking, one should:
- A) Massage eyebrows
  - B) Drink honey and milk
  - C) Eat raisins
  - D) Avoid eating sweets
10. To digest food properly, one should:
- A) Sleep on the left side only
  - B) Sleep first on the right side, then on the left side
  - C) Sleep on the stomach
  - D) Sleep on right side only
11. To prevent ear-aches at night, one should:
- A) Sleep after having warm milk
  - B) Place cotton in the ears while lying down
  - C) Drink honey before sleep
  - D) Avoid eating fish

**SECTION 5: DIVINE LEADERSHIP (14 Marks)****PART A – TITLES OF IMAM MAHDI (ATFS) ( 10 marks)**

*Instructions:*

- Tick (✓) the correct option.
- Only ONE answer is correct.
- Each question carries 2 marks.

Q1. The book - "AN-NAJMUTH SAAQIB" written by Mirza Hussain Noori Tabarsi has mentioned \_\_\_\_\_ titles of Imam Zamana (a.t.f.s).

- a) 182
- b) 110
- c) 72
- d) 313

Q2. The title "Baqiyatullah" is mentioned in Quran surah:

- a) Surah Qasas verse 86
- b) Surah Hud verse 86
- c) Surah Ambiya verse 86
- d) Surah Ale Imran verse 86

Q 3. Name the title of Imam (as) which means that his example is like that is water flowing openly on the earth.

- a) Al- Muntaqem
- b) Al – Maa-im Mae'en
- c) Al- Mabdaul Ayaat
- d) Al Mo-ammal

Q4. There is reference to Imam e Zamana (a.t.f.s) with this title in Ziyarat Al Ashura.

- a) Al- Mawtoor
- b) Al - Mansoor
- c) Al-Muztar
- d) Al- Mukthar

Q5. The title of Imam (as) - "Al-Mawtoor" means:

- a) One who repairs and mends
- b) One whose father has been killed and his retaliation has not been taken
- c) One who guides people
- d) One who will purify the earth

**PART B - MATCH THE DEPUTY OF IMAM ZAMANA (ATFS) (4 MARKS)*****Instructions***

- Match each Deputy (Nayab) with the correct order in the empty table.
- Each correct answer carries **1 mark**.

<b>Deputy (Nayab)</b>	<b>Order</b>
A. J. Abu al-Hasan Ali ibn Muhammad al-Samarri (ar)	Last deputy
B. J. Uthman ibn Sa'id al-Asadi (ar)	First deputy
C. J. Abu Jafar Muhammad ibn Uthman (ar)	Second deputy
D. J. Abu al-Qasim Husayn ibn Ruh al-Nawbakhti (ar)	Third deputy

**Answer Table:**

<b>Deputy (Nayab)</b>	<b>Order</b>

**REMEMBER YOU ARE ALREADY A WINNER BY PARTICPATING IN THIS QUIZ !!**